

MAKE YOUR OWN PAPER SQUISHY

Ketchup Bottle · step-by-step instructions · tillyfern.com



You will need: printer paper (80–100 gsm) · clear packing tape · scissors · cotton wool or polyester stuffing · a needle (adult)

01 Print



Print the color or the coloring template on one sheet of regular paper (80–100 gsm). Choose 100% / Actual size and turn off “Fit to page”. Check that the guide line measures 2 cm.

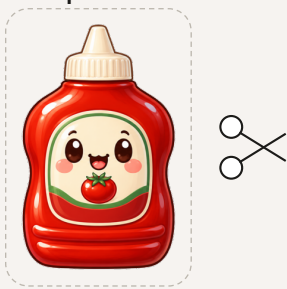
02 Cover with tape



clear tape, overlapping

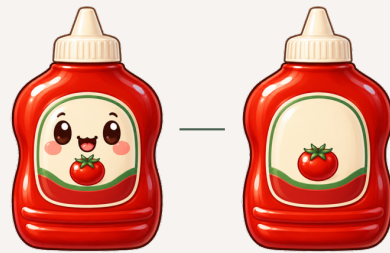
Lay clear packing tape over the printed side of both pieces. Overlap the strips a little and smooth them down with a card so there are no bubbles.

03 Cut out both pieces



Cut along the dotted line, keeping the white border around each picture — you will tape the two halves together on this border.

04 Line up and tape



blank sides together · leave an opening

Put the blank sides together so both pictures face out. Line up the edges and join them with small strips of tape. Leave a 2–3 cm opening.

05 Add soft filling



a little stuffing, not packed tight

Push a little cotton wool or polyester stuffing through the opening and spread it out inside. Do not pack it tight — a squishy should stay soft.

06 Seal and squeeze



tape shut · squeeze · tiny air hole if flat

Tape the opening shut and give it a gentle squeeze. If it stays flat, ask an adult to make one tiny air hole in the back with a needle.